ZC 2026: Session: 4: COACH evaluation sheet for TEAM: BZK

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Maene Stefaan HEADCOACH

Coaches: Vandecandelaere Ann

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 29: 100M BACKSTROKE WOMEN 11-12 — Heat:4, starttime: 14:09

Heat: 4/12 Lane : 3 Athlete: DEVOLDER ALICE — **Q-time: 01:39:18**

PB (50m pool): 01:39.18 Lago Kortrijk Weide 03/05/2026 **PB (25m pool):** no time **SB:** 01:39.18 Lago Kortrijk Weide 03/05/2026

	50M	100M	
PB	00:48.67	01:39.18	
	00:48.67	*00:50.51*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 29: 100M BACKSTROKE WOMEN 11-12 — Heat:8, starttime: 14:19

Heat: 8/12 Lane : 1 Athlete: VAN TIEGHEM SUZAN — **Q-time: 01:33:38**

PB (50m pool): 01:33.38 Antwerpen 15/03/2026 **PB (25m pool):** 01:36.59 **SB:** 01:33.38 Antwerpen 15/03/2026

	50M	100M	
PB	00:46.08	01:33.38	
	00:46.08	*00:47.30*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 29: 100M BACKSTROKE WOMEN 11-12 — Heat:10, starttime: 14:24

Heat: 10/12 Lane : 8 Athlete: LOCCUFIER FLEUR — **Q-time: 01:30:27**

PB (50m pool): 01:30.27 Brugge 01/02/2026 **PB (25m pool):** 01:25.12 **SB:** 01:30.27 Brugge 01/02/2026

	50M	100M	
PB	00:45.08	01:30.27	
	00:45.08	*00:45.19*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

ZC 2026: Session: 4: COACH evaluation sheet for TEAM: BZK

Event number: 30: 50M BREASTSTROKE WOMEN 13-14 — Heat:5, starttime: 14:37

Heat: 5/8 Lane : 7 Athlete: BEAUPREZ ELOISE — **Q-time: 00:44:64**

PB (50m pool): 00:44.64 Antwerpen 15/03/2026 **PB (25m pool):** 00:43.70 **SB:** 00:44.64 Antwerpen 15/03/2026

	50M
PB	00:44.64
	00:44.64
	. . : . . : . .

Coach feedback:

Event number: 30: 50M BREASTSTROKE WOMEN 13-14 — Heat:7, starttime: 14:39

Heat: 7/8 Lane : 7 Athlete: VINTER LOUISE — **Q-time: 00:42:46**

PB (50m pool): 00:42.46 Luxembourg 26/04/2026 **PB (25m pool):** no time **SB:** 00:42.46 Luxembourg 26/04/2026

	50M
PB	00:42.46
	00:42.46
	. . : . . : . .

Coach feedback:

Event number: 33: 100M FREESTYLE MEN 11-12 — Heat:9, starttime: 15:51

Heat: 9/11 Lane : 6 Athlete: DURAND JACK — **Q-time: 01:16:43**

PB (50m pool): 01:16.43 Antwerpen 15/03/2026 **PB (25m pool):** 01:23.18 **SB:** 01:16.43 Antwerpen 15/03/2026

	50M	100M
PB	00:37.00	01:16.43
	00:37.00	*00:39.43*
	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 34: 100M BREASTSTROKE WOMEN 11-12 — Heat:3, starttime: 16:02

Heat: 3/12 Lane : 2 Athlete: DEVOLDER ALICE — **Q-time: 01:57:54**

PB (50m pool): 01:57.54 Antwerpen 15/03/2026 **PB (25m pool):** no time **SB:** 01:57.54 Antwerpen 15/03/2026

	50M	100M
PB	00:54.54	01:57.54
	00:54.54	*01:03.00*
	. . : . . : . .	. . : . . : . .

Coach feedback:

ZC 2026: Session: 4: COACH evaluation sheet for TEAM: BZK

Event number: 34: 100M BREASTSTROKE WOMEN 11-12 — **Heat:10, starttime: 16:18**

Heat: 10/12 Lane : 5 Athlete: LOCCUFIER FLEUR — **Q-time: 01:43:55**

PB (50m pool): 01:43.55 Brugge 01/02/2026 **PB (25m pool):** 01:38.07 **SB:** 01:43.55 Brugge 01/02/2026

	50M	100M	
PB	00:50.66	01:43.55	
	00:50.66	*00:52.89*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M BREASTSTROKE WOMEN 11-12 — **Heat:11, starttime: 16:21**

Heat: 11/12 Lane : 2 Athlete: POSTOLACHI MARIE-LOU — **Q-time: 01:41:76**

PB (50m pool): 01:41.76 Luxembourg 26/04/2026 **PB (25m pool):** 01:42.72 **SB:** 01:41.76 Luxembourg 26/04/2026

	50M	100M	
PB	00:48.09	01:41.76	
	00:48.09	*00:53.67*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 34: 100M BREASTSTROKE WOMEN 11-12 — **Heat:12, starttime: 16:23**

Heat: 12/12 Lane : 5 Athlete: VAN TIEGHEM SUZAN — **Q-time: 01:32:47**

PB (50m pool): 01:32.47 Lago Kortrijk Weide 03/05/2026 **PB (25m pool):** 01:36.00 **SB:** 01:32.47 Lago Kortrijk Weide 03/05/2026

	50M	100M	
PB	00:43.55	01:32.47	
	00:43.55	*00:48.92*	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 38: 100M BUTTERFLY WOMEN 15+ — **Heat:3, starttime: 17:48**

Heat: 3/7 Lane : 5 Athlete: FILIMONOV VLADA — **Q-time: 01:24:16**

PB (50m pool): 01:23.61 Antwerpen 14/07/2024 **PB (25m pool):** 01:26.38 **SB:** 01:24.76 Antwerpen 15/03/2026

	50M	100M	
PB	no time	01:23.61	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback: